

SHSU VITA

I. Academic/Professional Background

A. Name: **ROBINETTA A. HUDSON**

Title: Athletic Training Lab Coordinator

B. Educational Background

<i>Degree</i>	<i>Year</i>	<i>University</i>	<i>Major</i>
D.A.T	2016	University of Idaho	Athletic Training
M.A.T	2010	Texas Tech University Health Sciences Center	Athletic Training
B.S.	2006	Coastal Carolina University	Health Promotion Sports Medicine

C. University Experience

<i>Position</i>	<i>University</i>	<i>Dates</i>
Lab Coordinator	Sam Houston State University	1/10/20-present
Adjunct Professor	Sam Houston State University	9/1/19-1/10/20

D. Relevant Professional Experience

<i>Position</i>	<i>Entity</i>	<i>Dates</i>
Head Athletic Trainer	Concordia Lutheran High School	8/1/10-8/1/19
Air Transportation Specialist	United States Air Force Active & Reserve	3/1/02-8/15/09
Teaching Parent	Bayes Achievement Center	6/1/07-4/15/09

E. Other Professional Credentials (licensure, certification, etc.)

<i>Title</i>	<i>Licensure/Certification #</i>
National Certified Athletic Trainer	1030349
Texas Licensed Athletic Trainer	AT4772
Texas Licensed Massage Therapist	MT128058
Certified Health Education Specialist	13275
American Red Cross CPR/AED/First Aid for the Professional Rescuer	
American Red Cross CPR/AED/First Aid Lay & Professional/BLS Instructor	

II. TEACHING

A. Courses Taught:

(at Sam Houston State University)

ATTR 3169 Therapeutic Interventions I Lab

ATTR 4110 Upper-Extremity Injuries Lab

ATTR 4300 Care of the Lower Extremity

B. Graduate Theses/Dissertations, Honors Theses, or Exit Committees (if supervisor, please indicate):

2019 Nicole Theobald M.S. in Athletic Training, USC Thesis supporting the Mulligan Concept (defended March), Member.

III. SCHOLARLY/CREATIVE

A. Works in Print (including works accepted, forthcoming, in press)

Refereed (Blind External Peer Reviewed) Journal Articles:

Hudson R, Richmond A, Sanchez B, Stevenson V, Baker RT, Nasypany A, May J, & Reordan D. (2018). Innovative treatment of clinically diagnosed meniscal tears: A randomized sham-controlled trial of the Mulligan Concept “squeeze” technique. *Journal of Manual and Manipulative Therapy*, 26(5): 254-263.

Hudson R, Baker RT, May J, Reordan D, & Nasypany A. (2017). Novel treatment of lateral ankle sprains using the Mulligan concept: an exploratory case series analysis. *Journal of Manual and Manipulative Therapy*, 25(5):251-259.

Hudson R, Baker RT, Nasypany A, & Reordan D. (2017). Treatment of anterior shoulder subluxation using the Mulligan Concept and reflex neuromuscular stabilization: a case study. *International Journal of Sports Physical Therapy*, 12(1):155-162.

Hudson R, Richmond A, Sanchez B, Stevenson V, Baker RT, May J, Nasypany A, & Reordan D. (2016). An alternative approach to the treatment of meniscal pathologies: a case series analysis of the mulligan concept “squeeze” technique. *International Journal of Sports Physical Therapy*, 11(4):564-574.

B. Presentations

Presentations Refereed Professional Meeting Workshops (Blind External Peer Reviewed):

Hudson R, Richmond A, Sanchez B, Stevenson V, Baker RT, & May J. Acute solution, chronic relief: don’t believe me, just watch...raise your expectations for immediate clinical results. Learning Lab at the National Athletic Trainers’ Association Clinical Symposia & AT Expo, Baltimore, MD. June 2016.

Evaluated/Invited (Non-blind External Peer Reviewed) Conference Presentations, Workshops, Etc.:

Stevenson V & **Hudson R**. Evaluating patient outcomes while using the mulligan concept. Invited podium presentation and workshop at the Southwest Athletic Trainers’ Annual Meeting and Clinical Symposium, Arlington, TX, July 2018.